

Scenario Master List: 10 Essential Activities

Here are seven examples of possible scenarios you might encounter while on a trip into the woods. This list is not specific to any particular hiking area and can be used for any trip your students might take into the woods. The additional pages are formatted examples of these seven scenarios for use in your classroom. Feel free to create additional scenarios as appropriate for your students and any trip that they might take into a local hiking area.

1. While hiking, one member of the group slips off the side of the trail. The student is not seriously injured, however the student has a cut that is bleeding on their leg and requires a bandage. Use the supplies from your group to bandage their wound.
2. While hiking, you believe that you have gotten off of the correct path. Use the supplies in your group backpacks to determine how you are going to find out where you are on the mountain.
3. The sun has come out and it is a beautiful day on the mountain. The skies are clear and the sun is warming you up. Since you have climbed onto a snow field in your trip, it is getting quite bright. Use the resources in your groups' backpacks to protect everyone from the effects of the sun.
4. The weather has turned on you! The sun has disappeared and clouds have rolled in and it is getting colder. A light rain has started to fall and the weather is threatening to rain harder or possibly snow. As you have several miles to travel to return to the vehicle, discuss how your group will keep dry during the remainder of the trip.
5. The hike has taken longer than you thought and you are still several miles from the trailhead. You notice that it is getting dark and you will need light for the return trip. As a group, determine how you will light your way back to the trailhead.
6. You are getting thirsty and think it might be a good idea to stop for a snack break. List the items you have to snack on and to drink while you stop for a rest. Do you believe you have enough food and water for the entire group?
7. You are lost! You are unable to find your way back to the trailhead and will need to spend the night in the park. As you know, your best chance for survival is to find a spot and stay put. Give specifics as to what you have that will help you survive the night and get rescued.
8. While hiking in a national park you come across a stream. There is a small bridge crossing the stream, but your friend decides to attempt to cross the stream on the rocks rather than take the bridge. Halfway across you watch your friend slip and fall into the water. They quickly get up uninjured, however, they and their gear are soaking wet. Pick one person from your group as the person who fell in. The rest of the group must use their gear to help the person either get dry or remain warm while the group returns to the trailhead.